

Save the date!

This session is open to all researchers and innovators at any career stage and from any field of research, especially young researchers. The aim is to inform the research community on how to participate in COST Actions or submit a COST Action proposal, the role and impact of the COST programme, and the benefits of the COST offer. For organisational reasons, registration through the dedicated COST Events webpage is necessary to receive the link to join the online meeting.

Tentative programme overview

- **10:00 Welcome and introduction**Director of the COST Association
- 10:10 What is COST and how to participate in a COST Action?

 COST Governance officer
- 10:30 How to submit an application? Tips & tricks COST Science officer
- **10:50** Which activities are funded? COST Administration officer
- **11:00** What are the benefits of participating in COST? COST Action representative
- 11:15 Q&A
- 11:30 End of the session

