



WORLD MENTAL HEALTH DAY CONFERENCE

An EU comprehensive approach that prioritises
sound mental health for all

10 OCTOBER 2023

DRAFT PROGRAMME

Moderator: [Belle de Jong](#), Mental health journalist and advocate

08.30 – 09.20 Registration and coffee

09.20 – 10.00 Opening and keynote speeches

Stella Kyriakides, Member of European Commission for health and food safety

Her Majesty the Queen of the Belgians

Marc Angel, Vice-President of the European Parliament

Dr Hans Henri P. Kluge, WHO Regional Director for Europe (video message)

10.00 – 10.45 **A COMPREHENSIVE APPROACH TO MENTAL HEALTH**

Testimonial: **Rozina Spinnoy**, Mental Health Europe, Member and BIDS BELGIUM, Founder

Keynote: **Jose Miñones**, Minister of Health, Spain

Moderated panel discussion

► **Catherine Brogan**, President of Mental Health Europe

► **Sara Cerdas**, Member of European Parliament, Subcommittee on Public Health, rapporteur on a comprehensive approach to mental health

► **Natalia Kallio**, European Youth Forum, Board Member

10.45 – 11.15 Coffee break

11.15 – 11.35 Keynote: **Bertrand Bainvel**, UNICEF Representative to the European Institutions

11.35 – 12.25 **PREVENTION THROUGH PROMOTION OF GOOD MENTAL HEALTH**

Dr. Lydia Abela, First Lady of Malta and President of Special Olympics Malta

Testimonial: **Gilmour Borg**, Athlete leader from Special Olympics Malta

Keynote: **Dr. Péter Takács**, Minister of State for Health, Hungary

Moderated panel discussion

► **Dr Ledia Lazeri**, WHO Europe Regional Advisor

► **Francesca Colombo**, Head of the Health Division, OECD

► **Florian Prutsch**, ER nurse and Vice-President of the European Nursing Student Association

12.25 – 12.30 **MUSICAL INTERLUDE**

Nele Fiers, Vice-President European Music Therapy Confederation and **Lieselotte Steenkiste**, European Music Therapy Confederation country representative

12.30 – 13.15 **EQUAL AND AFFORDABLE ACCESS TO TREATMENT AND CARE**

Testimonial: **Nicola Unterecker**, Patient advocate

Keynote: **Frank Vandenbroucke**, Minister Social Affairs, Belgium (video message)

Moderated panel discussion

► **Irena Bezić**, President, European Association of Psychotherapy

► **Panu Saaristo**, Europe Region Manager, International Federation of Red Cross and Red Crescent Societies

► **Kathleen Coppens**, Clinical psychologist and network coordinator, BRU STARS

13.15 – 13.30 Closing remarks

Margaritis Schinas, Vice-President of the European Commission